

OpenDoor
Counseling and Assessment Services, PLLC

Family Supervision Plan

This plan is designed to assist families entering the Treatment Program for Juveniles with Sexual Behavior Problems. The objective of this plan is to create a supportive, safe, and healthy environment for children and parents participating in this program. *Please initial after each requirement.*

1. Any supervising chaperone ("Supervisor") must have approval of probation department and/or court **and** counselor. They **must** meet with counselor and probation officer, have full knowledge of offense and sign and agree to the Family Supervision Plan. _____
2. The child will not have any unsupervised contact with any child under the age of ____, and based upon his/her court documents. If there are or could be children present, the supervisor will maintain constant visual contact with the child. _____
3. If the offender and victim live in the same home, they will not be left alone together at any time and will have no physical contact. This includes separating the children during any activities where touching and inappropriate physical contact may occur. Examples including but not limited to are: seating arrangements in church, in the car, at the dinner table or on the couch, roughhousing, physical games or play, etc. _____
4. The child will remain an arm's length distance away from any minor, regardless of age, at all times unless involved in a pre-approved team sport _____
5. The child will not participate in any activity that requires him to supervise, mentor, coach, monitor, or tutor any child under the age of ____ . _____
6. The child will not participate in bathing, grooming, diaper changing, or dressing of any child even if an adult is present. _____
7. The child may not stay overnight in any other home and no other minors may stay the night in the home including friends of siblings. It is suggested that parents of any child visiting the home be made aware of the restrictions. _____
8. The child may not stay at home unsupervised unless permission of the child's probation officer and counselor is received. Arrangements must be made in advance. No other minors are permitted in the home if parents are not present. _____
9. A door alarm must be installed on all bedroom doors of the child if there are children under the age of __ in the home or other potential vulnerable victims as determined at the discretion of the treatment provider.

10. The television and computer will be removed from the child's bedroom. _____
11. The child is restricted from viewing media containing any image or content considered pornographic or potentially sexually arousing. This includes, but is not limited to, images or contents portraying any type of sexual activity, simulated sexual activity, partial or full nudity, scantily clothed individuals, sexual discussions (verbal or texting), etc. Supervisors should be aware sexual arousal can occur with images contained in men's and women's magazines and catalogs, and television and Internet advertising.

12. A password known only to parent shall be installed on any device that has Internet capability so that the child cannot access the Internet without supervisor's presence. _____
13. All televisions accessible to the child will be programmed to block any programming PG 13 and above. _____
14. The child may have a cell phone for phone calls and texting. It cannot have Internet access or picture sending or receiving capabilities. _____
15. The child will not be permitted to access the Internet unless a supervisor has constant visual supervision. Internet access must be for the purpose of homework only until the child progresses to the appropriate tier. Supervisor(s) must be watching the screen in order for it to qualify as visual supervision - being in the same room is not sufficient to meet this requirement. Computers, notebooks, iPods, iPads, gaming systems, cell phones with internet, and any other device allowing for internet access, are included in this requirement. Every effort must be made to block/filter inappropriate material from all of these devices as well. _____
16. With the exception of school and only for the purpose of schoolwork, the child will not be permitted to access the Internet outside of his home. Child must not access Google or any other image filter through the search engine when performing a search online at any time. _____
17. No Facebook or other social websites or emailing is allowed until child progresses to the appropriate tier. _____
18. The child will not be permitted to view movies, games, books, music or magazines with sexual and/or violent content and may not view any R rated movies. The child's television viewing and computer game activity must be monitored at all times. If **www.common sense media.org** indicates the media is approved for the child's age **and** there are two (2) or less stars for violence and sexual content, it is considered appropriate for this purpose. _____
19. Parent(s) and child must obtain permission and a safety plan in advance for any high-risk activities (anything out of the ordinary) such as being around other minors, traveling out of town, other individuals staying in the home, etc. _____
20. Public and community swimming pools, beaches, theme parks, playgrounds and family gaming and activity centers, etc. are extremely high-risk areas and safety plans for these activities will be considered on a case-by-case basis. _____
21. The child may swim in a private pool only if there are no other minors in the pool. _____
22. If a divorce decree stipulates visitation for a parent not participating in this program, this parent must consult with the counselor prior to the child's visitation so options related to supervision can be discussed. Parent's not participating in this program must consult counselor and agree to a plan of supervision prior to the counselor supporting the visitation. _____
23. Supervisor should accompany the child into and the child must use the stalls rather than urinals in public restrooms. This will promote privacy and protect the child from others. If the supervisor is of the opposite gender of child, a one-stall restroom must be used. _____
24. While supervising the child, supervisor(s) must refrain from alcohol use. If a supervisor is drinking alcohol, there must be a non-drinking approved supervisor supervising the child. _____

