

OpenDoor Counseling and Assessment Services, PLLC

An Association of Independent Professionals

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OUTLINE

TREATMENT PROGRAM FOR JUVENILES WITH SEXUAL BEHAVIOR PROBLEMS

1. CONTAINMENT MODEL

Parents, juveniles, therapists, polygraph examiners, caseworkers and probation officers all work together with openness and cooperation to ensure the success of the juvenile and the protection of the community.

2. DURATION

The length of the treatment program depends on many factors (i.e. extent of deviancy, amount of investment, honesty, and change, etc.). Typically, treatment is completed within 18-24 months.

3. COST

- A. Individual/Family Sessions - \$75 per session (\$55 if on probation)
- B. Juvenile Group - \$52.50 per session
- C. Parent Group - \$52.50 per family per session
- D. Polygraph - \$200 (with qualified polygraph examiner)
- E. Psychosexual Testing - \$417
- F. Chaperone/Supervisor Training (\$130 per adult trained)

4. INDIVIDUAL COUNSELING

A. Screening

Clients are screened in individual sessions to determine eligibility for group counseling. Client must accept responsibility for the sexual offense and must be committed to the recovery of self and victim. Client will remain in weekly individual counseling until these goals are met.

B. Polygraphs

Clients are required to take an instant offense polygraph if the disclosures made do not match the offense report and victim statements provided by the probation officer. Clients are also required to take and pass a sexual history polygraph. Regular monitoring and or maintenance polygraphs are also required during treatment and toward the completion of treatment.

5. TESTING

- A. **Psychosexual Evaluation**
Juveniles are required to undergo a psychosexual evaluation as part of treatment planning and evaluation.

6. TREATMENT GROUP

A. Goal

The goal of the Treatment Group is to facilitate self-exploration and behavioral modification. A cognitive behavioral, multi-systemic approach is utilized to assist clients in understanding their sexually deviant behaviors.

B. Attendance

Clients are required to attend group counseling on a weekly basis. They are to make up missed sessions by scheduling an individual session the same week unless other arrangements have been made and approved by therapist and PO.

C. Responsibilities

- a. Each client is to bring their Pathways workbook, a spiral notebook and a pen or pencil to group.
- b. Group members are responsible for taking notes from the board as therapist presents material and facilitates discussion.
- c. Homework assignments will be given on a weekly basis and are not optional.
- d. Clients are encouraged to bring their spirals and workbook to meetings with their probation officers.

7. PARENT/CHAPERONE PROGRAM

- A. Parents and chaperones must agree to abide by the Family Supervision Plan.
- B. Parents must participate actively in the Parent Group twice per month and complete any and all assignments. Other chaperones are asked to attend parent groups at least on a quarterly basis.
- C. Any adult who is going to be responsible for supervising the juvenile is required to go through the Chaperone Training Program within 2 months of the juvenile beginning treatment or an additional Chaperone is requested. If this does not occur, that parent/chaperone will no longer be approved to supervise the juvenile. Check with the therapist to sign-up for the group.

8. AFTERCARE

Clients might be placed in aftercare when they reach a certain point in their workbooks and, when that occurs, the juvenile and parents will come to groups progressively fewer times. The primary focus of aftercare is self-monitoring and management.

9. COMPLETION

Upon successful completion of Aftercare and final polygraph passed with no new disclosures, clients are discharged from treatment.